

**A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF SOLEDAD
RECOGNIZING THE MONTH OF MAY AS NATIONAL MENTAL HEALTH
AWARENESS MONTH**

WHEREAS, since 1949, the month of May has been dedicated to addressing the challenges faced by millions of Americans living with mental health conditions; and

WHEREAS, mental health conditions affect millions of individuals worldwide, transcending age, gender, race, and socioeconomic status, and often carry stigma and discrimination, hindering access to support and treatment; and

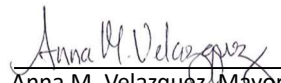
WHEREAS raising awareness about mental health promotes understanding, compassion, and empathy, encourages early intervention, and reduces the stigma associated with mental illness, creating pathways to recovery, resilience, and hope; and

WHEREAS, Mental Health Awareness Month serves as a crucial reminder that no one is alone, that help is available, and that together, we can create a culture of compassion, understanding, and support;

WHEREAS, Mental Health Month celebrates the resilience and strength of individuals living with mental illness, recognizing their courage, determination, and achievements in overcoming obstacles, seeking help, and embracing hope and healing; and

NOW THEREFORE, LET IT BE RESOLVED that the City Council of the City of Soledad Does Hereby Proclaim May as **NATIONAL MENTAL HEALTH AWARENESS MONTH**. During this time, we recognize the importance of mental health, honor the experience of those affected by mental illness, and reaffirm our commitment to promoting mental wellness and resilience in our communities.


Dated on this 7th day of May 2025




Anna M. Velazquez, Mayor



Fernando Cabrera, Mayor Pro Tem



Fernando Ansaldo-Sanchez, Councilmember



Evarista Bañuelos, Councilmember

Ben Caldera

Ben Caldera, Councilmember